

«Approve»

General secretary

International Mats-wrestling Federation

I.Y. Grigoriev

«05» September, 2024



**International mas-wrestling tournament
within the sports program of the 5th World Nomad Games
Astana, Kazakhstan, September 08-12, 2024.**

COMPETITION PROGRAM

Time	Event	Location
September 7, 2024 (Saturday) – arrival day		
All day	Arrival day and accommodation of tournament's delegations of country-participants	ASTANA, KAZAKHSTAN
All day	Accreditation of tournament's delegations of country-participants	WRESTLING PALACE NAMED ZHAKSYLYK USHKEMPIROVA Address: Astana, Kabanbai Batyr Avenue, building 43
September 8, 2024 (Sunday)		
09.00 – 14.00	Work of mandate commission on registration and admission of participants, weigh-in and drawing of athletes: - men: 65 kg, 70 kg, 80 kg; - women: 55 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
14.00 – 15.00	Meeting of the Ground Jury with team representatives of tournament's	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
18.00	Solemn opening ceremony of the 5 th WNG Astana-2024	STADIUM «ASTANA ARENA» Address: Astana, Turan Avenue, building 48
September 9, 2024 (Monday) – first competitive day		
09.30 – 10.00	Tournament's solemn opening ceremony	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
10.00 – 13.00	Preliminary bouts: - men: 65 kg, 70 kg, 80 kg; - women: 55 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
13.00 – 16.00	Weigh-in and drawing of athletes: - men: 90 kg, 105 kg; - women: 65 kg, 75 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
16.00 – 18.00	Semifinal and final bouts:	ICE PALACE «ALAU»

	- men: 65 kg, 70 kg, 80 kg; - women: 55 kg.	Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
18.00 – 19.00	Awarding ceremony of tournament's champions and prize-winners: - men: 65 kg, 70 kg, 80 kg; - women: 55 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47
September 10, 2024 (Tuesday) – second competitive day		
10.00 – 13.00	Preliminary bouts: - men: 90 kg, 105 kg; - women: 65 kg, 75 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
13.00 – 16.00	Break	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
16.00 – 18.00	Semifinal and final bouts: - men: 90 kg, 105 kg; - women: 65 kg, 75 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47 Main arena, north-east part of the running track
18.00 – 19.00	Awarding ceremony of tournament's champions and prize-winners: - men: 90 kg, 105 kg; - women: 65 kg, 75 kg.	ICE PALACE «ALAU» Address: Astana, Esil district, Kabanbai Batyr Avenue, building 47
September 11, 2024 (Wednesday)		
11.00 – 13.00	International seminar entitled «Basis of mas-wrestling refereeing»	
13.00 – 14.00	Break	
September 12, 2024 (Thursday)		
11.00 – 13.00	International seminar entitled «Theory and methodology of sports training in mas-wrestling»	
13.00 – 14.00	Break	
September 13, 2024 (Friday)		
	Solemn closing ceremony of the 5 th WNG Astana-2024	STADIUM «ASTANA ARENA» Address: Astana, Turan Avenue, building 48
September 14, 2024 (Saturday) – departure day		
All day	Departure day of tournament's delegations	

*Changes are possible in the Program